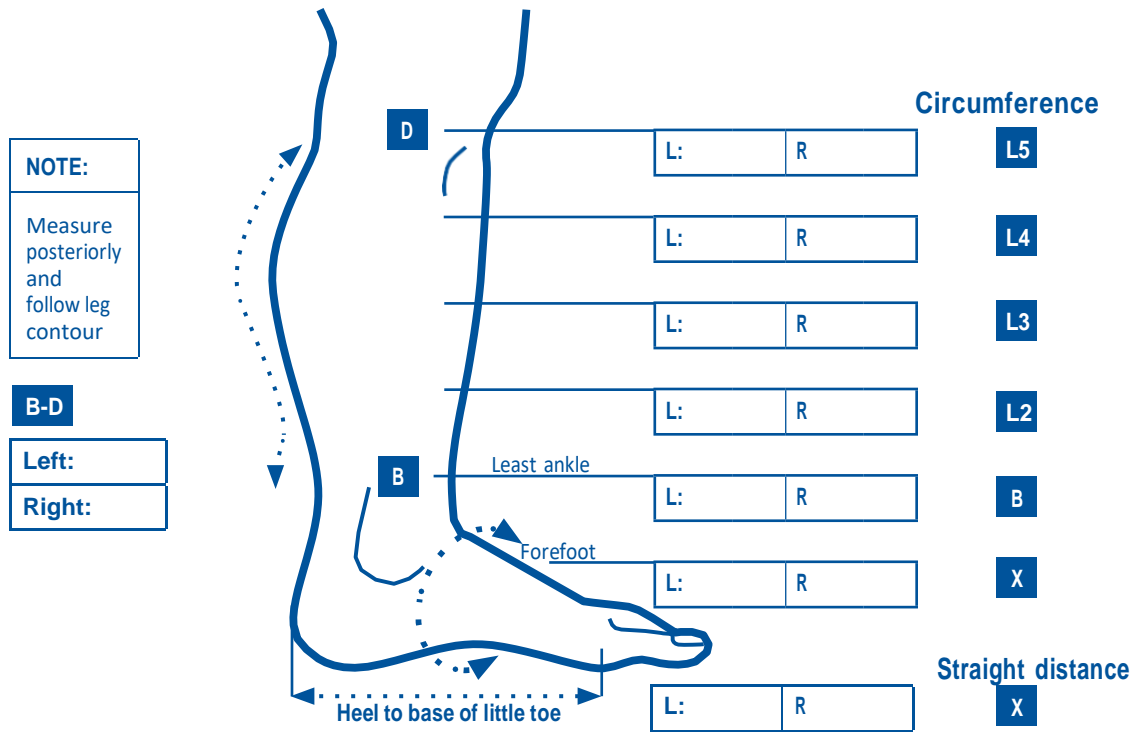


Date: _____ Purchase Order No.: _____

Patient Name: _____ Account number and name: _____

Circumference and length measurements in centimeters (cms)



Trim-To-Fit Legpiece	Medium	XLarge
L4 L5 Circumferences	20-60 cm	45-90 cm
L3 Circumference	25-42 cm	45-90 cm
L2 Circumference	20-38 cm	35-80 cm
B Ankle circumference	20-36 cm	35-70 cm
B-D Posterior Leg Length	15-31 cm	27-35 cm
Product code*		
LITE TTF Legpiece	Qty	
STRONG TTF Legpiece	Qty	Qty

Trim-To-Fit Footpiece	Medium
X Forefoot circumference	20-30 cm
X Heel to forefoot length	14-21 cm
Product code*	
LITE TTF Footpiece	Qty
STRONG TTF Footpiece	Qty

Garment trimming required to be done by a trained professional before being applied by the patient.

When measuring the circumferences from B to L5, the distance between each circumference will vary for the different fabrics. For LITE legpieces, measure the circumference at point B, least ankle, and then move up the leg 6.5 cm and measure the circumference at L2, and so on. For STRONG legpieces, measure the circumference at point B, least ankle, and then move up the leg 5 cm and measure the circumference at L2, and so on.

Measuring Instructions for LITE and STRONG Legpieces

- Following the back of the leg, measure from B (ankle just above the foot) up to D (2 finger widths below the back knee crease). The B-D length must be between 27-35 cm. If the B-D length falls outside the ranges specified on the sizing chart, stop here. This garment will not fit.
- If measuring for LITE garments go to step 3. If measuring for STRONG garments, skip to step 4.
- For LITE TTF legpieces, measure & record the circumference at B, then up the leg every 6.5 cm from L2-L4 or L5, depending on leg length. Skip to step 5.
- For STRONG TTF legpieces, measure and record the circumference at B, then every 5 cm up the leg from L2-L4 or L5, depending on leg length.
- The circumference must be between the ranges specified for the size garment. If any of the circumferences fall outside the ranges specified on the sizing chart, stop here. This garment will not fit.

Trimming Instructions for LITE and STRONG Legpieces

1. Trim the distal (bottom) most band of the TTF legpiece on each side in accordance with the B circumference. Distances between lines are representative of 5 cm. If the circumference is between lines, then estimate the distance and trim accordingly.
2. Trim the bands consecutively up the legpiece corresponding to their respective L2 – L5 circumferences distance.
3. The separate band can be attached, using the Velcro® tab, to the top of the spine (in back) and moved up or down the band below as needed to increase or decrease the height of the legpiece.
4. Attach the Velcro® pieces to the patient's preferred side with exactly half extending over the edge of the band.
5. Roll the loose end of the Velcro® back onto the same band.
6. Instruct the patient not to lose the Velcro®. Replacement Velcro® sets are available for sale through your supplier.

Important Information

LITE and STRONG garments should be applied distal to proximal with ¼ overlap over the opposing bands (not including Velcro®). These garments will allow for about a 20% increase in edema; however, keep in mind that the stated compression ranges for LITE and STRONG will be less accurate when applied to a limb larger than that for which the garment was trimmed.

- It is contraindicated to use TTF legpieces on leg circumferences less than 20 cm.
- Do not mix with non JOBST® FarrowWrap® garments as this may increase risk to the patient and is therefore contraindicated.

Measurement Instructions for LITE and STRONG Footpieces

1. Start by measuring the Straight Distance X (length), from the back of the heel straight along the floor to just before the bunions (the forefoot). Straight Distance X must be between 14-21 cm in length. If the patient's Straight Distance X falls outside of the ranges specified on the sizing chart, stop here. This garment will not fit.
 2. Next, measure the circumference at X, just before the bunions. The circumference at X is only guaranteed to fit between 20-30 cm, though it may be possible to fit circumferences up to 39 cm.
 3. Lastly, measure the midfoot circumference. If it is 5 or more centimeters greater than the circumference at X, stop here. This garment will not fit.
- It is contraindicated to use this garment on foot circumferences less than 19 – 20 cm or on patients with severe arterial disease.
 - Do not mix with non JOBST® FarrowWrap® garments as this may increase risk to the patient and is as such contraindicated.

Trimming and Fitting Instructions

1. Trim the length of the footpiece to the Straight Distance X on the garment. The first line along the length represents 14 cm, and each consecutive line thereafter represents 1 additional cm.
2. Using the two numbers on either side of the footpiece closest to the toes, count out from that number and trim the width closest to the circumference at X on both sides of the footpiece on or parallel to the lines on each side of the footpiece. The distance between lines represents 2 cm. If the first line were 19, the next would be 21 and so forth. If only 1 cm increment is needed, cut in between and parallel to the lines.
3. Cut the long strip of Velcro® the same length as the straight edge you cut in step 2. Now, fold it in half and cut it in half.
4. To create the flaps for the Velcro®, fold the straight edge of the footpiece, which you just cut, on either side in half with lines facing up. Cut perpendicularly to the edge along the folded crease of the garment 2 cm deep or 3 lines. Do this on both sides.
5. Attach the Velcro® to the flaps created on patient's preferred side with half extending past the flap edge. Then fold the Velcro® back over itself onto the garment in preparation for putting it on. Make sure the patient understands that it is important they do the same.
6. For LITE TTF footpieces, trim ankle bands long enough so that the Velcro® can attach to the opposite side of the foot without touching any underlying Velcro®. Attach the included Velcro® pieces to both sides of the ankle band with half extending past the edge of the band. Then apply.
7. For STRONG TTF footpieces, to apply additional compression to the foot leave the ankle bands long. The first ankle band should be wrapped across the top of the foot to the opposite side closest to the toes, and can then be wrapped around that portion of the foot again. Affix with the Velcro®. The second ankle band should also be wrapped across to the opposite side of the foot, but closer to the ankle for additional compression to that part of the foot, or it could be used to wrap around the ankle at the discretion of the therapist. If no additional compression is desirable, they can be trimmed and applied as in step 6.

You may visit www.jobstcanada.com to view Trim-To-Fit demonstration videos.

***To reduce the risk of error, orders will only be placed if the product code is indicated.**

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